



Dear friends

**Welcome to the fourteenth issue of UCARE News.**

I would like to introduce myself to you all as the new Chairman of UCARE. I am looking forward immensely to working alongside the

trustees and everyone involved in supporting UCARE, in this privileged role. I trained as an accountant but at the tender age of twenty five decided there was more fun to be had in Marketing and Sales. I worked for Unilever/Birds Eye for a 15 year period before starting my own companies specialising in energy saving lighting and later Solar voltaics in the commercial market. I am now happily retired, living in the lovely market town of Thame with my wife of 44 years, Carol. I get the golf clubs out a couple of times a week, take them for a walk, then pop them back in the garage.

I would also like to welcome two new trustees who join me – Gill Dean and Seetal Patel. Gill trained as a GP in Oxford and worked at South Oxford Health Centre for 25 years before retiring from partnership in June 2014. She continues to work as a GP appraiser. Seetal qualified as a dental surgeon in 2000 and currently owns a dental practice in Oxford. Her late husband, Mr Nilay Patel was appointed as a consultant urological surgeon in February 2012. Because of Nilay's commitment to this field, Seetal felt inspired to join the UCARE board of trustees in October 2014, and she hopes to build a lasting legacy in his memory.

Best wishes and I look forward to hearing from you.

Jim Mitchell  
Chair, Board of Trustees

## RHS Malvern Spring Show



**We are thrilled that the UCARE tulip is to be presented at RHS Malvern Spring Festival 2015.**

It will feature in a Festival Garden designed by Kate Durr. Kate's back ground is in television presenting, most notably for ITV's 'Guinness World Records', which she co-hosted with Ian Wright.

She is married to actor Jason Durr, well known for his role as PC Mike Bradley in ITV's 'Heartbeat'. Brought up on a small holding, after having her children, Kate turned her talent to garden design and is currently studying at The Cotswold Gardening School under the award-winning garden designer principal, Caroline Tatham. Just seven weeks into her year-long diploma course, she was encouraged to submit a design to RHS Malvern – which was selected.

The garden is an elegant outdoor space in which to relax and contemplate with planting, reflective water and a dramatic feature wall. Full of sensual contrasts – dominated by three statuesque Cor-ten steel panels capturing the beauty of ferns created by master blacksmith and sculptor Neil Lossock. The garden will feature the UCARE tulip which will be especially grown by Rob Evans, the owner of Pheasant Acre Plants nursery.

On the grass, in the vicinity of the Festival Gardens, UCARE will have a stand under one of the distinctive Chinese hat gazebos of the RHS shows. Please do come and see us and Kate's garden – the Show runs from 7-10 May 2015.

### More grows in a garden than the gardener sows...



Those of you who have already planted our bulbs will know that in the Spring they make the perfect display. When you buy and plant UCARE tulips you are funding research, buying hope, time and better futures.

**Tulip bulbs will arrive for sale in early September. You can download an order form from our website, or request by email or phone.**

# Dates for your diary...

**Saturday 7th February 2015**

## Radley College Real Tennis event



Real, or Royal, tennis is the forerunner of all racquet sports. Join former World Champion, Chris Ronaldson to discover more about the game, watch it and give it a try. Drinks and finger food will also be served during the evening.

**Timing:** 6pm start, with a presentation from Chris Ronaldson.

**Tickets:** £25 per person

**Venue:** Real Tennis Court, Radley College, Abingdon, Oxfordshire, OX14 2HR (parking available).

Please get in touch if you would like to book tickets: email [ucare@ucare-oxford.org.uk](mailto:ucare@ucare-oxford.org.uk) or call 01865 767777.

**Friday 11th September 2015**

## UCARE Golf Day

We hope you will join us for this great day, which includes breakfast, a delicious meal, wine, prizes, and of course a fantastic day of golf.



Many of you will know Studley Wood, but for those who have never played the course, it is a hidden gem in the midst of Oxfordshire's finest countryside, and only 15 minutes drive from central Oxford.

We aim for a shotgun start at around 9.45am, although the club will be serving breakfast from 8am onwards.

## London Marathon 2015

Please consider supporting Jo Georgiou, our runner in the London Marathon 2015. Rarer than hen's teeth, we have one charity Silver Bond place, which means that every five years we can enter an 'official' runner for UCARE. In 2006, Jo's Mum was diagnosed with Bladder cancer, aged only 53. You can support Jo, keep up with her training and encourage her at [www.justgiving.com/JoGUcare/](http://www.justgiving.com/JoGUcare/)

# With thanks...

**Our sky jumpers** – including Dr Andrew Protheroe's son Harry – who were mentioned in the last newsletter, and who have since taken to the skies for UCARE.

**Everyone who came to our Gardeners' Question Time** in September and our Chairman James Alexander-Sinclair, guest panellists Pippa Greenwood, Rob Jacobs and Jeremy Biggs. The evening was a huge success and we are encouraged to run this event again.

**Catherine Monger**, Ladies Captain who chose UCARE as her Captain's charity at Winters Hill Golf Club. She recently presented UCARE with a cheque for an amazing £4,558 raised throughout the year.

## All of our tulip bulb buyers

**Brocket Hall Golf Club:** Sarah Terry, Ladies Captain, and Duncan Bland, Mens Captain, have both chosen UCARE as their charity of the year. Set within the opulent surroundings of the Brocket Hall Estate, the two championship-standard golf courses sit beautifully in 18th Century parkland. The courses are appropriately named after the Prime Ministers who once resided at Brocket Hall, Lord Palmerston and Lord Melbourne. One of their major events will be a fundraising Pro-Am for UCARE organised by Sarah and Duncan in September 2015.

## Challenge Events

If you fancy setting yourself a real challenge and at the same time fundraising for UCARE, you can do this through Do it for Charity: [www.doitforcharity.com](http://www.doitforcharity.com)

Running events, treks, cycles, marathons, triathlons or sky diving – choose your challenge and let us know – if we are not already registered for that event, we soon can be! We've already signed up for Sky Diving and the Paris cycle ride.

This is a small selection and we thank you all. To view more information on any of the above or to see the whole of the fundraising calendar, please visit our events pages at [www.ucare-cancer.org.uk/news/events](http://www.ucare-cancer.org.uk/news/events) or call the office on 01865 767777. If you want to raise funds for UCARE (and we hope you do) in a marathon or triathlon for which we don't have places, we suggest that you apply through the normal ballot process and organise your own sponsorship and fundraising. Thank you and good luck!

## In 2014 we lost two strong voices for UCARE...



It was with sadness that we learnt in October 2014 of the death of our Patron **the 11th Duke of Marlborough**. His principle seat was Blenheim Palace, Woodstock Oxfordshire. His Grace committed his life to the preservation of Blenheim Palace and was a great supporter of Oxfordshire. We are very proud and grateful for his endorsement of our work. UCARE Tulip bulbs will be planted in the grounds of Blenheim Palace as a mark of our gratitude and respect.



We also lost a great friend and Ambassador of UCARE, **Mr Nilay Patel** who died suddenly in May 2014.



Nilay was a truly outstanding individual, a gifted surgeon and a talented doctor, who touched everyone he came into contact with. As one of our colleagues said, it is not so much that Nilay died in the prime of his life but before; and there was no doubt the best was yet to come in terms of what Nilay could offer to surgery and medicine as a whole. He was destined for a truly great career.

He had great technical surgical skill as well as a fantastic ability to communicate with everyone, patients and colleagues alike. He always had time for everyone, making them feel valued. We all learned a great deal from Nilay, whether a new fact, a different way of looking at something or better ways to communicate.

Nilay qualified in medicine from Cambridge and decided at an early stage to pursue a career in Urology. He was senior house officer in Oxford in 2001, and from 2002-4 took time out for research with professor Adrian Harris and obtained his MD before returning to clinical medicine. He was Specialist registrar on the Oxford rotation, and also spent a year in transplantation, all of which served him very well for his consultant career with a specialist interest in renal surgery.

He was instrumental in helping David Cranston and Mark Sullivan set up Oxford as a National referral centre for complex renal surgery. Auto transplant involves operating on patients with complex kidney tumours, removing the kidney, cooling it, removing the tumour, reconstructing the kidney and transplanting it back into the body. Oxford is now the national referral centre for these complex patients.

The first few hours after the transplant are a critical time as the artery and veins are at risk of thrombosis and blocking. This can be checked by ultrasound scanning. However, between 5pm and 8am the ultrasound service depend on the on-call radiologist coming across from the John Radcliffe in the night, and that often takes several hours, especially if they are busy. By this time the kidney may die if the blood supply is compromised.

We would like to purchase an ultrasound machine (at the cost of £30,000) to be kept in the Churchill theatres, to be used immediately a problem occurs by a trained transplant or urological surgeon.

### Fundraising in memory of Nilay

As mentioned in the Chairman's address, we welcome Nilay's wife Seetal to our board of Trustees. Seetal has set up a memoriam page for Nilay, [www.justgiving.com/n1lay](http://www.justgiving.com/n1lay) should you wish to donate to UCARE in his memory. You can also send a cheque via the UCARE office, stating the donation is in his memory. Thank you.



“UCARE provides an opportunity to give to cancer research in a more personal way, while at the same time knowing that the research carried out in Oxford will be of benefit to people around the world.”

David Cranston, UCARE trustee

**Relatively small and inexpensive pieces of equipment facilitate vital research and laboratory work...**

**£10** could buy a pair of safety specs

**£100** could pay for a single channel pipette

**£250** could buy a magnetic hot-plate/stirrer

UCARE is grateful for your support. Any donation is used to support our charitable object of Urology Research and Education. However, if you would like to support specific research, or discuss an individual project, please let us know.

**I would like my donation to be used to support:**

- Kidney cancer research
- Bladder cancer research
- Testicular cancer research
- Prostate cancer research
- General research

**Please fill in donation details overleaf...**



Please donate today

I would like to support the fight against cancer

Research is often complicated, time-consuming and expensive but it provides hope for patients and their families, and leads to more effective ways of treating and preventing cancer.

Please help by giving what you can.

I would like to give a donation to UCARE of:

£10 £100 £250

My choice £

Please make cheques payable to UCARE

I would like to give a monthly donation to help UCARE plan for the future:

£10 £25

My choice £

(Before you send your completed slip to us, please ask your bank or building society to set up your monthly standing order gift and give them our banking details: CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME10 4JQ, Account Number 00017501, Sort Code 40-52-40. To help us keep accurate records, please give your full name as the reference.)

Title:
Name:
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Postcode:
Phone (optional):
Email:

giftaid it
I am a UK taxpayer and I want UCARE to reclaim the tax I have already paid on my gift(s) from 6 April 2007 until further notice.

Please tick the box if you prefer not to receive updates about our work. We will not share your details with other organisations.

Thank you

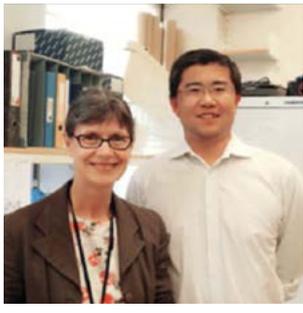


www.ucare-oxford.org.uk

UCARE (Oxford) is a registered charity, number 1120887.

Please return this form to: UCARE, HIFU Unit, Churchill Hospital, Oxford, OX3 7LJ

BREAKING NEWS



UCARE funded researchers take first step to unlocking new treatments for both prostate and breast cancer.

Many of you are familiar with the work of Dr Val Macaulay and her team, and will have seen in the Summer 2014 newsletter in the Voices of UCARE a piece from Val about her research work and the importance of UCARE. As well as working on prostate cancer, Dr Macaulay and her team's work also focuses on breast cancer, which is funded by the Breast Cancer Campaign.

In a paper published in the journal 'Cancer Research', Dr Macaulay's team used breast cancer cells grown in the lab, to find proteins that affect how well breast cancer cells are killed by IGF-1R blockers. In parallel with this work on breast cancer, Dr Macaulay's team conducted experiments in prostate cancer. This part of the work was funded by your support of UCARE. As with breast cancer, the results showed that reducing the amount of DVL3, or blocking DVL3 with a chemical drug, made the prostate cancer cells easier to kill with IGF-1R blockers.

Valerie Berry, Development Officer at UCARE explains:

"We are very happy to have been able to support this work, which will help cancer researchers to find out which prostate cancer patients may respond to treatment with IGF-1R blockers. This work also suggests that it may be beneficial to test combinations of drugs that block DVL3 and IGF-1R."

Dr Lisa Wilde, Director of Research at Breast Cancer Campaign added:

"This is the first step to unlocking a new type of treatment, IGF-1R blockers, for the women with breast cancer who are most likely to benefit."

Making a lasting difference
By leaving a gift to UCARE in your Will, you will be making a lasting contribution to the fight against urological cancer. All gifts, regardless of their size, are greatly valued by UCARE, helping to fund vital research into new drugs and treatments. Your support is a lifeline for people with prostate, kidney, bladder and testicular cancers.
Tax benefits: charitable gifts will be deducted from the value of your estate before tax liability is calculated, so by leaving a gift to UCARE in your Will you may reduce the total amount of tax liable on your estate.
How to include UCARE in your Will: UCARE cannot provide legal advice, and we strongly recommend that you consult a solicitor or legal adviser when making or changing your Will. Please ensure that your wishes are carried out correctly by recording in your Will the charity's full name and Registered Charity Number: UCARE (Oxford), 1120887.
Please get in touch for more information about leaving a legacy gift to UCARE.

UCARE is a regulated member of the Fundraising Standards Board, and is accountable for our fundraising. We promise to always be honest, open and accountable in our fundraising, helping you to give with confidence. For more information, visit www.frsb.org.uk



UCARE (Urology Cancer Research and Education) is an independent, Oxford-based charity committed to improving the treatment and care of urological cancer patients, through research and education.

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